Materials Needed:
- Crisco & Corn Meal Mixture (2/3 Crisco, 1/3 corn meal—pre mixed)
- Trays
- Spoons (1 per child)
- Paper Towel Rolls (1/2 for each child)
- Bird Seed
- Round Cereal O’s (unsweetened)
- String/Pipe Cleaners/Rope

“I’m Lulu Love! Kindness is so important! It’s the best feeling in the world to be kind and considerate to everyone and everything you come into contact with! This includes all creatures that live here on our beautiful planet.

Sometimes these creatures need our help! Did you know many birds stick around in the cold all winter? Do you think it’s harder to find food in winter? Yes it is! The ground freezes so they can’t find food there (worms) and the ground can also be covered in snow—which would make it difficult to find seeds.

We can help by making bird feeders to help our feathered friends stay full and healthy all winter long!”

Make Your Own Birdfeeder Activity:
• Have a grown-up help you cut a paper towel roll in half (or have this done before the activity)
• Use your spoon to scoop up some of the Crisco/Corn Meal mixture and spread it all over your paper towel roll so that it is completely covered in a thick layer—this will become your bird feeder!

• Spread out some bird seed on a tray—roll your bird feeder around so that it gets completely covered in bird seed

• Take some unsweetened cereal o’s and carefully place them on your bird feeder too

• Put some string or a pipe cleaner all the way through your paper towel roll—this will be how you hang up your bird feeder outside!

• Find a special spot to put your bird feeder outside—it’s fun to put it near a window so that you can see what kinds of birds come to visit!

What’s Next?!

Look up some birds in your area that stick around for the winter. Make a chart and keep track of how many of them come to visit your bird feeder!

If the birds eat all the yummy things from your bird feeder, don’t forget to make a new one! Birds build habits around where they can find food—so you wouldn’t want them to find an empty bird feeder!
“Isn’t it fun to help others? What are other ways that you can keep up the kindness and help those around you?”

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