



## RECIPE:



### Chicken Stir-Fry

#### get ready

Servings: Serves 4

Cook Time: 15 minutes

Prep Time: 10 minutes

#### ingredients

- 1 - 2 tablespoons vegetable oil
- 1 large egg
- 1 (12 oz.) bag Hannaford frozen stir-fry vegetables
- 1 each bottle Taste of Inspirations stir-fry sauce
- 2 each Cooked chicken breast, diced
- 4 cups cooked brown rice

#### directions

1. Heat wok or deep skillet to high. While pan is heating, coat with 1-, -2 Tbsp. vegetable oil
2. Add egg and scramble until done
3. Add bag of vegetables and stir-fry sauce. Stir for about 5 minutes, until vegetables are cooked but still crisp
4. Add chicken and rice and heat through

